



GFS Small Seashell Pasta, 10 Lb Bag, 2/Case

GFS

Item Number: 242098 (3

These quality, ridged seashells are made from 100 percent durum wheat semolina and have a nut-like flavor, ideal in soups, baked dishes, or salads.

- · Contains zero grams trans fat
- Sodium-free
- . Enriched with iron and B vitamins

		QTY
2/Case	\$20.41 \$0.06/oz	

More

Manufacturer

Pack	2/Case
Portion Size	oz
Portion/Case	320
Kosher	Yes
Net Weight	20lbs
Vendor Item Code	9390124209

Quantity Invoiced, Last 7-Weeks:

Week of	Bag	Case
03/23/2014	0	0
03/30/2014	0	0
04/06/2014	0	0
04/13/2014	0	0
04/20/2014	0	0
04/27/2014	0	0
05/04/2014	0	0

Item Yield

CASE= 20# ENRICHED SMALL SHELLS MACARONI.

Shelf Life

COOL, DRY STORAGE= 730 DAYS FROM THE DATE OF PRODUCTION.

Thawing Instructions

NONE

Basic Preparation

USE 1 GALLON OF BOILING WATER PER POUND OF PASTA. WHEN WATER HAS REACHED A BOIL, ADD 1 TABLESPOON OF SALT PER GALLON TO BRING OUT PASTA'S NATURAL FLAVORS. STIR PASTA OCCASIONALLY TO PREVENT STICKING AND KEEP WATER AT A ROLLING BOIL. SAVE TIME IN YOUR OPERATION BY PRE-COOKING PASTA: UNDERCOOK BY 2 MINUTES BASED ON SUGGESTED COOK TIMES; THEN SHOCK IMMEDIATELY IN ICE-WATER. DRAIN WELL. DRIZZLE LIGHTLY WITH OLIVE OIL AND PRE-PORTION INTO AIR-TIGHT CONTAINERS. REHEAT BY DIPPING PASTA INTO BOILING WATER FOR 1 MINUTE. IF PASTA IS USED ON A STEAM TABLE, IN SOUPS, OR BAKED DISHES, REDUCE COOK TIME BY ONE-FOURTH. PASTA WILL CONTINUE TO ABSORB MOISTURE WHILE BAKING.

Marketing Tips

OUR SMALLEST SIZED SHELL AVAILABLE IS EXCELLENT FOR SOUPS AND SALADS.**MADE WITH 100% DURUM WHEAT SEMOLINA, AVAILABLE IN THE MOST POPULAR SHAPES AND CUTS, QUALITY MATCHES ANY DOMESTIC COMPETITOR PASTA IN THE MARKET IN TERMS OF QUALITY, CONSISTENCY AND COOKING PERFORMANCE. PROVIDES COVERAGE TO MOST OPERATORS WITH EXCELLENT QUALITY AND

PERFORMANCE**COLLEGE/UNIVERSITY, BUSINESS/INDUSTRY, HEALTHCARE, FAMILY DINING, CASUAL DINING, DELI-QUICK-SERVE**SOUPS, SALADS, MAC N' CHEESE

Nutrition

Based On:

AP Pasta Shells, Small, Dry, GFS

Rounding:

V



Ingredients

Durum wheat semolina, [enriched with iron (ferrous sulfate) and b vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)]. COMMON ALLERGENS PRESENT: Wheat. Nutrition and Ingredient statement updated June 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Amount Per Serving	
Calories 210	Calories From Fat 9
Calonies 210	
	% Daily Value *
Fat 1g	2%
Saturated Fat 0g	n/a
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 0mg	n/a
Sodium 0mg	n/a
Potassium	n/a
Carbohydrates 42g	14%
Fiber 2g	8%
Sugar 3g	
Protein 7g	14%
Vitamin A IU 0% Vitamin C 0% Calcium 0% Thiamin 30% Riboflavin 10% Niacin B3 15%	
* Based on a 2000 calories diet Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	

Nutritional Information for MARGARINE SLD 30-1# GFS

Product Number: 113271

Description: AP Margarine, Solid, GFS

		Nutrition	nal Information		
Serving Size 1 tbsp	(14 g)				
Amount Per Serving	g				
Calories 100				Calories from Fat 99	
				% Daily Value	
Total Fat		11 g		17%	
Saturated Fat		2 g		10%	
Trans Fat		3 g			
PolyUnSat		n/a		n/a	
MonoUnSat		n/a		n/a	
Cholesterol		0 mg		0%	
Sodium		135 mg		6%	
Potassium		n/a		n/a	
Total Carbs		0 g		0%	
Dietary Fiber		0 g		0%	
Sugars		0 g		n/a	
Protein		0 g		0%	
Vitamin A -	10%		Vitamin C -	0%	
Calcium -	0%		Iron -	0%	
	Percent	Daily Valu	es are based on a 2,0	00 calorie diet	
Calories Per Gram:					
	Fat 9		Carbohydrates 4	Protein 4	

Water Soluble	Vitamins		
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	0 mg	Iron	0 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equiv	lents	Fat Solub	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	500 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Fi	nal Rule		
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		

n/a

Ingredients:	LIQUID AND PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, SOY LECITHIN, VEGETABLE MONO &
	DIGLYCERIDES, SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, WHEY SOLIDS, CALCIUM DISODIUM EDTA
	ADDED TO PROTECT FLAVOR, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE
	ADDED. COMMON ALLERGENS PRESENT: Soy, Milk. Nutrition and Ingredient statement updated October
	2012. The ingredient and nutrition information provided here reflects the current information
	provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food
	allergies should confirm the ingredient information on the actual label of the product.







USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

(last updated, May 2014)

Visit us at www.fns.usda.gov/fdd

110394- TORTILLA, WHOLE GRAIN, FROZEN, 27 LB

CATEGORY	Grains/Breads	
PRODUCT DESCRIPTION	• These frozen 8 inch whole grain tortillas are made of whole wheat flour or a combination of whole wheat flour and enriched wheat flour. The tortillas meet the Healthier US School Challenge whole grain criteria for a whole grain food.	- ((
PACK/YIELD	 12/24 ct pouches per 27 lb case. One 27 lb case AP yields about 288 tortillas. One pouch AP yields about 24 tortillas. 	-
	• CN Crediting: 1 Whole grain tortilla made with whole wheat flour provides 1.5 oz grains equivalent.	1
STORAGE	 Store frozen whole grain tortillas at 0°F or below in original shipping case off the floor. Use First-In-First-Out (FIFO) storage practices to ensure use of older 	- (! !
	product first.	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \

Nutrition Information

Whole grain tortilla, 8 inch

	1 tortilla (44 g)
Calories	120
Protein	4.0 g
Carbohydrate	20 g
Dietary Fiber	3 g
Sugars	1 g
Total Fat	2.5 g
Saturated Fat	0.5 g
Trans Fat	0 g
Cholesterol	0 mg
Iron	1 mg
Calcium	100 mg
Sodium	340 mg
Magnesium	0 mg
Potassium	0 mg
Vitamin A	0 IU
Vitamin A	0 RAE
Vitamin C	0 mg
Vitamin E	0 mg







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110394- TORTILLA, WHOLE GRAIN, FROZEN, 27 LB

PREPARATION/ COOKING INSTRUCTIONS	Follow manufacturer's directions on package.
USES AND TIPS	• The whole grain tortilla may be served as deli wrap with turkey ham, low-fat cheese, shredded lettuce, and low-fat dressing. It may also be used to make burritos, soft tacos, and quesadillas.
FOOD SAFETY INFORMATION	• Visually inspect for presence of foreign substances, insects, or molds before use.
BEST IF USED BY GUIDANCE	• For guidance on how to effectively manage, store, and maintain USDA Foods, please refer to the policy memo on the FDD Website at: http://www.fns.usda.gov/fdd/policymemo/pmfd107_NSLP_CACF_SFSP_CSFP_FDPIR_TEFAP_CI-StorandInvMgmt.pdf.

Nutrient values in the nutrition information section are from the USDA National Nutrient Database for Standard Reference, or are average values from vendors who provide USDA Foods. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.